

Job Title: Peer Recovery Coach

Organization: Peer Recovery Services

Location: Lodi, Stockton, and Manteca, CA

Reports To: Lead Recovery Coach

About Peer Support Services

Peer Recovery Services is a nonprofit organization based in Stockton, CA, focused on providing support for individuals and their families struggling with mental health issues. Funded by the Mental Health Services Act, we are a team that values lived experiences, empathy, and resilience in our approach to mental health advocacy and support.

Job Description

A Peer Recovery Coach is a compassionate and dedicated individual with personal experience in mental health recovery or substance use recovery. As a Peer Recovery Coach, you provide non-clinical, person-centered support to individuals seeking recovery, using your lived experience to empower and inspire hope. You play a crucial role in promoting wellness, facilitating connections to resources, and fostering a supportive recovery community.

Responsibilities

1. Provide one-on-one peer support to individuals seeking mental health or substance use recovery.
2. Build rapport and establish a trusting relationship with individuals by demonstrating empathy, active listening, and respect.
3. Utilize your personal recovery experience to inspire hope and motivate individuals to set and achieve recovery goals.
4. Collaborate with individuals to develop individualized recovery plans, including identifying strengths, resources, and potential challenges.
5. Offer emotional support, encouragement, and practical assistance to individuals in their recovery journey.
6. Assist individuals in navigating the mental health or substance use treatment system, including accessing appropriate resources and services.
7. Advocate for the rights and needs of individuals in recovery, while respecting their autonomy and choices.
8. Facilitate peer support groups, workshops, or educational sessions on various recovery topics.
9. Maintain confidentiality and adhere to professional boundaries and ethical guidelines.
10. Collaborate and communicate effectively with the wider treatment team, including clinicians, case managers, and other support staff.
11. Document client interactions, progress, and outcomes in a timely and accurate manner.
12. Stay informed about current trends, best practices, and research in the field of mental health and recovery support.

Qualifications

1. Lived experience as a mental health consumer or family member of a consumer, required by the Mental Health Services Act.
2. High school diploma or equivalent preferred; additional education, training, or certifications in peer support or related fields are a plus.
3. Strong interpersonal and communication skills, with the ability to connect with individuals from diverse backgrounds.
4. Empathy, compassion, and non-judgmental attitude towards individuals seeking support.
5. Knowledge and understanding of mental health and/or substance use recovery principles, resources, and community-based support services.
6. Familiarity with local resources and treatment options in Stockton, CA is desirable.
7. Ability to maintain professional boundaries and confidentiality.
8. Excellent organizational skills and ability to document interactions accurately.
9. Willingness to participate in ongoing professional development and training.

Equal Opportunity

We are an equal opportunity employer and value diversity at our company. We do not discriminate on the basis of race, religion, color, national origin, gender, sexual orientation, age, marital status, veteran status, or disability status.