

Lodi Wellness Center

Groups and Classes Schedule

	Tuesday	Wednesday	Thursday
10AM	Peer Support	Healthy Living	Peer Support
11AM	Women's Group	Men's Group	Anger management
1PM	Manteca Video Discussion	Healthy Relationships	Meditation/Art

Tuesday-Thursday 9AM-2PM

300 W Oak St, Lodi, CA 95240

(209) 503-0521

lwc@twcsj.org

www.twcsj.org

Funded By:
SAN JOAQUIN
 COUNTY
 Behavioral Health Services
Through the Mental Health Services Act

